## MSC Canteen Menu 2024

Our canteen menu include the Healthy School Canteen Food labels of: E-Everyday O-Occasional
The canteen is open every day.
Breakfast served from 8:30am to 9am. Normal recess and lunch opening times. Lunch orders to be placed at recess.

| Breakfast + Recess |  |  |
| :---: | :---: | :---: |
| Toasted Sandwiches + Rolls |  |  |
| Ham + cheese | $\$ 3$ | E |
| Ham, cheese + tomato | $\$ 4$ | E |
| Chicken, cheese + mayo | $\$ 4$ | E |
| Bacon + egg roll | $\$ 5$ | E |
| Other |  |  |
| Ham + cheese croissant | $\$ 4$ | E |
| Traveller pie | $\$ 4$ | 0 |
| Lite'n up sausage roll | $\$ 3$ | 0 |


| All-day Snacks |  |  |
| :---: | :---: | :---: |
| Small items |  |  |
| Hot muffins | $\$ 2$ | E |
| Fresh fruit tubs | $\$ 3$ | E |
| Yoghurt pouch | $\$ 3$ | E |
| Packet of chips | $\$ 2$ | 0 |
| Popcorn | $\$ 2$ | 0 |
| Frozen treats |  |  |
| Zooper dooper (no sugar) | $\$ 1$ | E |
| Snapstix (99\% fruit juice) | $\$ 1.50$ | E |
| Frozen yoghurt tubs | $\$ 3$ | 0 |
| Paddle pops | $\$ 2.50$ | 0 |


| All-day Drinks |  |  |
| :---: | :---: | :---: |
| Small drinks (250ml) |  |  |
| Up \& Go | $\$ 2.50$ | E |
| Oak Strawberry Milk | $\$ 3$ | E |
| Fruit Juice Poppers | $\$ 3$ | E |
| Oak Choc Milk | $\$ 3$ | E |
| Glee 99\% flavoured <br> sparkling fruit juice | $\$ 2.50$ | E |
| Large drinks |  |  |
| Water | $\$ 2.50$ | E |
| Orchy Fresh Juice | $\$ 4.50$ | E |
| Sugar free soft drink | $\$ 3$ | E |
| Oak | $\$ 4.50$ | 0 |


| Lunch |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Burgers All \$5 |  |  |  |  |  |
| Cheeseburger | beef patty, onion, cheese + sauce |  |  |  |  |
| Aussie Beef Burger | beef patty, onion, lettuce, tomato, beetroot + sauce E |  |  |  |  |
| Chicken + Cheese Burger | chicken schnitzel, cheese + mayo E |  |  |  |  |
| Chicken Burger | chicken schnitzel, lettuce, tomato + mayo |  |  |  | E |
| Sweet Chilli Chicken Burger | SC tenders, lettuce, tomato, SC sauce + mayo |  |  |  | E |
| Grilled Chicken + Bacon Burger | chicken, bacon, lettuce, tomato, cheese + sauce |  |  |  | E |
| Vegie Burger | vegie pattie, lettuce, tomato, carrot, cheese + mayo |  |  |  | E |
| Oven Baked |  |  | Other hot food |  |  |
| Chicken fingers |  |  | Beef lasange | \$5 | E |
| Chicken breast wedges |  |  | Garlic bread | \$2.50 | 0 |
| Chicken breast crackles | \$5 |  | Pizza | \$3.50 | 0 |
| Chicken and corn roll |  |  |  |  |  |


| Wraps and Rolls <br> Small $-\$ 4$ <br> Large - \$5 |  |  |
| :---: | :---: | :---: |
| Sweet chilli chicken tender | E |  |
| Crumbed chicken tender | E |  |
| Roasted sliced chicken | E |  |
| Ham | E |  |
| Sandwiches |  |  |
| Vegemite, honey or jam | $\$ 2.50$ | E |
| Ham | $\$ 2.50$ | E |
| Ham + cheese | $\$ 2.50$ | E |
| Ham, cheese + tomato | $\$ 4$ | E |
| Ham + salad | $\$ 4.50$ | E |
| Egg + lettuce | $\$ 4$ | E |
| Chicken, cheese + mayo | $\$ 4$ | E |
| Chicken, lettuce + mayo | $\$ 4$ | E |
| Chicken + salad | $\$ 4.50$ | E |

